

EXAMINATION OF CONSCIENCE

(First Grade)

How have I acted toward God?

Do I think of God and speak to Him by praying to Him each day?

Do I speak of God with reverence?

Do I go to Mass on Sunday?

Do I do all I can to make Sunday a day of rest and joy for my family?

Do I participate in Mass, or do I tease or distract others by laughing, talking, or playing?

Do I pay attention to my parents, priests, and teachers when they talk to me about God?

How have I acted towards others?

Do I obey my parents and teachers quickly and cheerfully, or must I be reminded many times?

Do I tell my parents or those in authority over me that I am sorry and ask them to forgive me when I have not minded them?

Do I obey the rules of my home and school?

Do I help my brothers, sisters, and classmates when they need my help?

Am I kind to everyone?

Did I hit, kick, or in any way hurt others on purpose?

Am I willing to play with everyone?

Did I make fun or say mean things to anyone?

Do I do all my classwork and my chores at home well?

Do I take care of my health by eating the right food?

Do I think or do bad things or say bad words?

Do I tell the truth?

Did I say things about other people that are not true?

Did I cheat in class or in a game?

Did I steal or keep things that are not mine?

Am I willing to share my things with others?

Do I return things that I have borrowed?